



## Intake Information

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Spouse/Partner's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Email address \_\_\_\_\_

Telephone – Home: \_\_\_\_\_ Work/Cell: \_\_\_\_\_

1. Sex     Male     Female

2. Marital/Relationship Status

- Single (never married)
- Significant Other
- Cohabiting (living together)
- First Marriage
- Separated
- Divorced
- Widowed
- Remarried (after divorce)
- Remarried (after spouse's death)

3. Current Employment

- Full-time
- Part-time
- Homemaker
- Unemployed
- Full-time student
- Part-time student
- Retired

4. Education

- grade school/junior high
- attending/attended high school
- High school graduate
- Attending/attended college
- College graduate
- Attending/attended graduate school
- Technical school degree
- Graduate degree (Masters)
- Graduate degree (Doctoral)

5. Children (include biological, adopted, foster, step, etc)

Name	Sex	Age	Type (bio,step,etc.)	Custody?
_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No

6. Race/Ethnicity

- Caucasian
- Native American
- Other \_\_\_\_\_
- African American
- Asian
- Latin or Spanish
- Multiracial

7. Are you presently under a physician's (or psychiatrist's) care?  Yes  No  
If yes, what for? \_\_\_\_\_

\_\_\_\_\_

List current medications and amounts \_\_\_\_\_

\_\_\_\_\_

Name and address of physician \_\_\_\_\_

\_\_\_\_\_

### Initial Service Plan

Please check any of the reasons listed below which resulted in your coming in today:

- |   |   |
|---|---|
| <input type="checkbox"/> Depression or Anxiety            | <input type="checkbox"/> Difficulty with loss or death      |
| <input type="checkbox"/> Alcohol or other drug abuse      | <input type="checkbox"/> Thinking of harming self or others |
| <input type="checkbox"/> Marital Problems                 | <input type="checkbox"/> School learning difficulties       |
| <input type="checkbox"/> Communication Difficulties       | <input type="checkbox"/> Family Counseling                  |
| <input type="checkbox"/> Improved Sexual Relations        | <input type="checkbox"/> Relationship Enhancement           |
| <input type="checkbox"/> Sexual Orientation Questions     | <input type="checkbox"/> Abuse (physical/verbal/sexual)     |
| <input type="checkbox"/> Child Adjustment/Parent Conflict | <input type="checkbox"/> Individual Counseling              |
| <input type="checkbox"/> Divorce                          | <input type="checkbox"/> Pre-marital Counseling             |
| <input type="checkbox"/> Adoption                         | <input type="checkbox"/> School adjustment problems         |
| <input type="checkbox"/> _____                            | <input type="checkbox"/> _____                              |

What event happened which made you think "I am (we are) calling a therapist?" \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please explain what you are hoping to achieve through the use of counseling services:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What behaviors would you like to change? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How would you know if things were getting better? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Specific Goals identified after first session (to be completed with therapist)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_  
Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_

Have you received prior counseling? Y or N related to these problems? \_\_\_\_\_ Other \_\_\_\_\_

**If yes and related**, was it: Outpatient Inpatient (hospitalization)

When: \_\_\_\_\_ Where: \_\_\_\_\_

Counselor/Doctor: \_\_\_\_\_ Length of Treatment: \_\_\_\_\_

Problem(s) treated: \_\_\_\_\_

Outcome:  Very Successful  Somewhat Successful  Stayed the Same  Somewhat Worse  Much Worse

**If Other**, was it: Outpatient Inpatient (hospitalization)

When: \_\_\_\_\_ Where: \_\_\_\_\_

Counselor/Doctor: \_\_\_\_\_ Length of Treatment: \_\_\_\_\_

Problem(s) treated: \_\_\_\_\_

Outcome:  Very Successful  Somewhat Successful  Stayed the Same  Somewhat Worse  Much Worse

Family History of mental illness? (if yes, please describe) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How were you referred to me? \_\_\_\_\_

Person to contact in case of an emergency:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work/Cell \_\_\_\_\_